

Nov 3rd

ENTREES

- Lemon Chicken Orzo w/Arugula & Tomatoes & Goat Cheese
- Chicken & Chorizo Enchilada Pie (gf) (comment if you want chicken only)
- Sweet Potato & Black Bean Enchilada Pie (veg and gf)
- Ready to Grill Pimento Cheese Sammies (veg) w/Creamy Tomato Basil Soup (veg and gf)
- Flatbread–Italian Sausage, Pepperoni, Bell Peppers & Mozzarella
- Flatbread –Roasted Veggies & Mozzarella (veg)
- Turkey + Spinach Lasagna
- GF- Turkey + Spinach Lasagna (gf)
- Creamy Butternut Squash, Kale and Leek Pasta (veg)
- GF-Creamy Butternut Squash, Kale and Leek Pasta (veg+gf)

SIDES

- Arugula Salad w/Shaved Parmesan, candied walnuts & apples w/lemon vinaigrette (veg and gf)
- Chopped Italian Salad w/Basil Balsamic Vinaigrette (v and gf)
- Chipotle Chicken & Corn Chowder (gf)
- Black Bean & Corn (v and gf)
- Broccoli, Cheddar & Chive Stuffed Potatoes (veg and gf)
- Tuscan Kale & White Bean Soup (v and gf)
- ‘Ready to Roast’ Brussels Sprouts, Bacon, Caramelized Onion and Parmesan (gf)
- Cinnamon Raisin StrongArm Bread (veg)

DESSERTS

- Peanut Butter Chocolate Chip Granola Bars (veg and gf)
- Jumbo Lemon Cranberry Muffins (veg)
- Mini Apple Spice Cake w/Maple Glaze (veg)
- Gingersnap Pumpkin Cookies (veg)
- Gluten Free-Salted Caramel Brownies (veg and gf)

Nov 10th

ENTREES

- Eggplant Parmesan Spaghetti Squash Casserole (veg and gf)
- Sweet & Sour Meatballs w/Pineapple and Bell Peppers over Basmati Rice (gf)
- Ground Turkey & Lentil Bolognese Lasagna
- Gluten Free- Ground Turkey & Lentil Bolognese Lasagna (gf)
- Lentil Bolognese & Spinach Lasagna (veg)
- Chicken Picatta over Egg Noodles
- Bratwurst, Potatoes and Peppers w/side of sauerkraut slaw (gf)
- Chicken Cacciatore & Rice Stuffed Peppers (gf)
- Smoked Brisket Mac and Cheese (can be gf)
- Gluten Free-Smoked Brisket Mac and Cheese (gf)
- Broccoli & Cheddar Mac and cheese (veg)
- Chicken Pot Pie Stuffed Potatoes w/Garlic Cream Cheese Mashed Potato Topping (gf)

SIDES

- Kale Salad w/Roasted Butternut Squash, Dried Figs and Tart Cherries, Pickled Red Onions & Maple Roasted Pepitas w/Maple Balsamic Dressing (veg and gf)
- Green Beans w/Garlic Butter and Roasted Tomatoes (veg and gf)
- Caesar Salad w/Rosemary Croutons
- Herbed Focaccia Bread w/Basil Pesto and Roasted Tomato Tapenade Spread (on the side)
- Roasted Butternut Squash Bisque (veg and gf)
- Beef & Bean Chili (gf)
- Broccoli, Apple + Walnut Salad(veg and gf)
- Michaels English Muffins of the week (veg)
- Pasta Salad of the Week (may contain seeds/nuts)

DESSERTS

- Seasonal Fruit Bowl to Share (v + gf)
- Pumpkin & Chocolate Swirl Cheesecake Bars (veg)
- Raspberry Mini Beignets (veg)
- Gluten Free- Banana Chocolate Chip Breakfast Loaf (veg and gf)
- Oreo Brownies (veg)

Nov 17th

ENTREES

- Ancho Chili Braised Pork Stuffed Sweet Potatoes (gf)
- Ancho Chili Chickpea Chili Stuffed Sweet Potatoes (v and gf)
- Buffalo Chicken Stuffed Zucchini (gf)
- Reuben Bake (Corned Beef, Marble Rye, Sauerkraut, Swiss Cheese, Thousand Island)
- Mushroom Stroganoff over egg noodles (veg)
- Ready to Grill Roasted Veggie, spinach and green chile quesadillas w/tomato green chile bisque (veg)
- ADD Chicken-Ready to Grill Roasted Veggie, spinach and green chile quesadillas w/tomato green chile bisque
- Chicken, Spinach, Parmesan & Artichoke Baked Pasta
- Gluten Free-Chicken, Parmesan, Spinach & Artichoke Baked Pasta (GF)
- Roasted Veggies, Spinach & Artichoke Baked Pasta (veg)

SIDES

- 'Ready to Roast' Brussels Sprouts w/Bacon, Caramelized Onions and Parmesan (gf)
- Potato Leek Soup (veg and gf)
- Kale & Cabbage Slaw (veg and gf)
- Sweet Potato Bacon & Corn Chowder (gf)
- Spinach Salad w/bacon, oranges, pickled onions and tangy french dressing (gf)
- Southwest Romaine Wedge Salad w/Chipotle Lime Ranch (veg and gf)
- Herbed Focaccia Breadsticks w/Garlic Parmesan Drizzle Oil (veg)
- Italian Pasta Salad (v can be gf)
- Savory Bread of the week (veg)(may contain seeds/nuts)

DESSERTS

- Gluten Free-Zucchini Carrot Loaf (veg and gf)
- Jumbo Chocolate Muffins (veg)
- Gluten Free-Pecan Pie Bars (veg & gf)
- Chocolate Butterfinger Cookies (veg)
- Banana & Chocolate Swirl Mini Bundt Cake (veg)

Nov 24th- Thanksgiving Week (only available Monday)

ENTREES

- Baked Ziti w/Italian Sausage and Spinach & Mozzarella
- Gluten Free-Baked Ziti w/Italian Sausage and Spinach & Mozzarella (gf)
- Baked Ziti w/Roasted Veggies & Spinach & Mozzarella (veg)
- Gluten Free-Baked Ziti w/Roasted Veggies & Spinach & Mozzarella (veg + gf)
- Stuffed Portobello Mushrooms w/Quinoa, Roasted Tomatoes,Kale & Parmesan(veg and gf)
- Stuffed Portobello Mushrooms w/Bacon, Quinoa, Roasted Tomatoes,Kale & Parmesan (gf)
- Southwest Chicken Enchilada Stuffed Peppers (gf)
- Chicken & Andouille Jambalaya Stuffed Zucchini Boats (gf)
- Roasted Veggies Jambalaya Stuffed Zucchini Boats (veg and gf)
- Beef Shepherds Pie (gf)
- Italian Veggie Tortellini Stew (veg) with Garlic Bread

SIDES

- Turkey Butternut Squash chili (gf)
- Curried Sweet Potato & Apple Soup (v and gf)
- Garden Salad w/balsamic dressing (v and gf)
- Kale Caesar Salad (gf)
- Strong Arm Savory Loaf (may contain seeds/nuts)(veg)
- Jalapeno Cheddar Cornbread (veg)
- Southwest Sweet Potato & Black Bean Salad (v and gf)

DESSERTS

- Pumpkin Apple Breakfast Loaf (veg)
- Gingersnap Carrot & Apple Cookies (veg)
- Gluten Free- Pecan Crunch Brownies (veg and gf)
- Caramel Toffee Chocolate Cookies (veg)
- Gluten Free-Spiced Pear Torte Bars (veg and gf)